

Member of



Sonoma County Healing Academy

Gravenstein Station
6741 Sebastopol Ave, Suite 120, Sebastopol

Somatic Education for Healing & Social Change



Befriend Your Body

Learn somatic & intuitive practices that work for YOUR body.
Transform your triggers & deepen your self-trust & agency.

- Generative Somatics Coaching & Bodywork
- Intuitive Readings & Energywork
- *Trauma Survivors in Love* Couples Coaching

Tools for Trauma Healing,
Spiritual Growth & Social Justice

For a complimentary consultation, call 510.908.0936
Or email Vanissar at vanissar@cs.com



Dr. Vanissar Tarakali is a somatic educator, trauma coach, social justice educator & intuitive who invites clients to “befriend their bodies” for personal & social transformation. Vanissar passionately practices *generative somatics*, intuitive reading, energy work & Nyingma Buddhism.

Mondays & Tuesdays, noon to 4 pm

Tarakali
Education

Dr. Vanissar Tarakali

www.vanissar.com

By appointment ph/510.908.0936